

VOLLEYBALL DEMERIT SYSTEM:

In order to keep disciplinary actions consistent for everyone, the following demerit system is in place. Demerits will be distributed accordingly for behavior that the coach feels is unacceptable. Please note that we may add or remove penalties throughout the year as necessary, but notice will be given if a change is made. All demerits will be recorded and dated for each player and signed by the player and/or parent. Demerits continue for the entire season and renew at the beginning of each new season.

The following is a list of conduct unbecoming of a Liberty Tech volleyball player and the penalty assessed for each violation.

1 Demerit:

- Lack of volleyball attire and/or equipment (jersey, shoes, kneepads etc.) at practice/game
- Unexcused tardiness to practice or game (after 10 minutes)
- Wearing wrong uniform to game
- Disciplinary issues – minor infractions – at school (tardies, dress code, misbehavior etc.); 3 minor infractions = 1 major infraction (referral)
- Not assisting with practice or pre/post-match duties (putting up net, chairs etc.)
- Wearing jewelry at practice/games
- Improper care of uniform
- Cell phone use during practice/game without permission
- Inappropriate language at practice/game

2 Demerits:

- Leaving campus during practice and/or game without permission
- Leaving away game without proper check-out procedure being followed

3 Demerits:

- Unsportsmanlike conduct
- Disrespect to coach and/or not cooperating with coach
- Disrespecting and/or arguing with an official or staff member (rolling eyes, mumbling, talking back etc.)

10 Demerits:

- Fighting, threatening, instigating or recording a fight

Non-point demerits:

- Poor attitude will result in removal of the player from the practice or game.
- Poor sportsmanship, disrespect towards the coach, assistant coach, or an official will result in demerits and also benching from a set, match, or practice. Athletes who exhibit poor attitudes on the court and who refuse to comply with expectations at practice and matches regarding effort and behavior/sportsmanship will be reprimanded as such. A parent/guardian will be notified immediately the day of the incident.
- Not fulfilling the duties of a team captain or engaging in conduct that is unbecoming of a Liberty Tech student-athlete will result in removal as team captain.
- Lack of effort during practice will result in the player being removed from practice and potentially benched for the following set/match as the coach sees fit.
 - Examples of lack of effort include but are not limited to: jogging when expected to be sprinting, slowing down before a destination point, not making times for sprints etc.
- Lack of effort during a match will result in the player being benched from the set/match.
- In the event that two or more players have a dispute that interrupts the productivity and cohesiveness of the team and the problem cannot be resolved, both team members may be removed from the team.

Demerit Consequences:

3 Demerits:

- Counsel with the coach
- 5 half-court volleyball suicide sprints (executed correctly in a timely manner as specified by coach)
- Parent/guardian notified

6 Demerits:

- Counsel with the coach
- 10 half-court volleyball suicide sprints (executed correctly in a timely manner as specified by coach)
- Parent/guardian notified

10 Demerits:

- Counsel with the coach
- Notice of probation signed by athletic administration and provided to student and parent/guardian.

15 Demerits:

- Notice to parent/guardian of suspension from the team